



**City of Clifton
Department of Health
900 Clifton Ave.
Clifton, NJ 07013**



**Clifton Health Department
Public Health**
Prevent. Promote. Protect.

John E. Biegel, III
Health Officer
Director Human Services

Phone: 973-470-5760
Fax: 973-470-5768
Email: jbiegel@cliftonnj.org

Please note that information highlighted in yellow reflects new and updated information.

Updated: December 3, 2021 4:00pm

(Clifton) - The Clifton Health Department, in consultation with the City Manager, Mayor and Council, understands that residents are concerned about the Coronavirus (COVID-19) pandemic.

The City of Clifton has had **186 NEW COVID-19 cases since last Friday, 11/19**, bringing the total COVID-19 case count to **13,854. Upon further investigation, 2 previously reported cases were found to be out of jurisdiction and transferred out; these cases have been removed from the overall case count.**

With a heavy heart, we are announcing 3 additional COVID-19-related deaths that took place this past week involving a 78-year old female, an 84-year old female, and a 66-year old female. Our sincerest condolences go out to the loved ones of these community members. The City of Clifton now has a total of 297 deaths.

Of these deaths, 45 have involved residents at the Daughters of Miriam Nursing Home. Please be advised that this number is reflective of the deaths identified in the Communicable Disease Reporting and Surveillance System.

The City of Clifton has administered the following COVID-19 vaccine doses between January, 6, 2021 and December 3, 2021:

1st doses	8,178
2nd doses	7,140
3rd doses	59
Booster doses	834
Total number of doses	16,211

The number of COVID-19 cases has been increasing over the last few weeks. The Clifton Health Department would like to remind the community to be vigilant. Please remember to take the following precautions, especially as we continue to head into the holiday season:



City of Clifton
Department of Health
900 Clifton Ave.
Clifton, NJ 07013



Clifton Health Department
Public Health
Prevent. Promote. Protect.

John E. Biegel, III
Health Officer
Director Human Services

Phone: 973-470-5760
Fax: 973-470-5768
Email: jbiegel@cliftonnj.org

- **Get vaccinated:** Everyone 5 years or older is eligible for a COVID-19 vaccine in New Jersey and is encouraged to get vaccinated as soon as possible. COVID-19 vaccines are safe and highly effective at preventing you from getting sick. They are one of the most important tools to ending the COVID-19 pandemic.
- **Wear a mask** - Face masks are recommended for both vaccinated and unvaccinated individuals in indoor public spaces.
- **Practice social distancing:** The CDC recommends unvaccinated people stay at least 6 feet away from other people who are not from your household in both indoor and outdoor spaces.
- **Delay travel until you are fully vaccinated based on CDC guidance:** For more information, refer to the [CDC's guidance for domestic travel](#).
- **Avoid crowds and poorly ventilated spaces if you are not vaccinated:** Being in crowds like restaurants, bars, fitness centers, or movie theaters puts you at higher risk for COVID-19. Avoid indoor spaces that do not offer fresh air from the outdoors as much as possible.
- **Wash your hands often with soap and water for at least 20 seconds.** If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol.
- **Avoid touching your eyes, nose, and mouth** with unwashed hands.
- **Clean and disinfect frequently touched surfaces:** For more, see the [CDC's guidelines](#) on how to properly clean and disinfect.
- **Avoid close contact** with people who are sick.
- **Get tested:** Testing is available to everyone in New Jersey. It's especially important to get tested if you have COVID-19 symptoms after being exposed, if you have been in close contact with someone who tested positive for COVID-19, if you were recently in a large gathering where social distancing was hard to maintain and are not fully vaccinated or recently recovered, or if you must travel and are not fully vaccinated.
- **Answer the phone when a contact tracer calls** – You've been called because you either tested positive for COVID-19 or have been in close contact with someone who has – so it's critical you answer the phone. Contact tracers are calling with life-saving information that will keep you, your loved ones, and your community safe and healthy.

To schedule an appointment for a COVID-19 booster or for more information, please call the Health Department's COVID-19 hotline at 973-470-2039.

The following groups are currently eligible for booster shots:

- **Ages 18+ Who Received Johnson & Johnson COVID-19 Vaccine:** People who are 18 and older who received a single-dose Johnson & Johnson vaccine, at least two months after their Johnson & Johnson shot



**City of Clifton
Department of Health
900 Clifton Ave.
Clifton, NJ 07013**



**Clifton Health Department
Public Health**
Prevent. Promote. Protect.

John E. Biegel, III
Health Officer
Director Human Services

Phone: 973-470-5760
Fax: 973-470-5768
Email: jbiegel@cliftonnj.org

- **Ages 65+ and Long-Term Care Residents:** People who are 65 years and older or who live in long-term care settings who received the Pfizer or Moderna vaccine, at least six months after their second shot
- **Ages 50+ With High-Risk Health Conditions:** People who are ages 50-64 with underlying medical conditions who received the Pfizer or Moderna vaccine, at least six months after their second shot
- **Ages 18+ With High-Risk Health Conditions:** People who are ages 18-49 years with underlying medical conditions who received the Pfizer or Moderna vaccine, at least six months after their second shot
- **Ages 18+ in Jobs or Settings With Increased COVID-19 Risk:** People who are ages 18-64 years who are at increased risk of COVID-19 exposure and transmission because of where they work or reside who received the Pfizer or Moderna vaccine, at least six months after their second shot

For more information on eligibility, please visit: <https://covid19.nj.gov/faqs/nj-information/testing-and-treatment/who-should-get-a-booster-shot-or-third-dose-of-the-covid-19-vaccine>

Children ages 5-11 are now eligible to receive the Pfizer vaccine. Please check out this link for locations that are offering the Pfizer vaccine: <https://covid19.nj.gov/pages/finder>

The Moderna and J&J booster vaccines have been authorized by the FDA, CDC, and the NJDOH.

Currently, the Clifton Health Department ONLY administers the Moderna vaccine. The Clifton Health Department Does NOT administer the Pfizer-BioNTech COVID-19 vaccine.

The most recent list of locations offering the vaccine, as well as registration instructions can be found here: <https://covid19.nj.gov/pages/finder>

If you are a Clifton or Little Falls resident without access to the internet, and need assistance, please call 973-470-2039. Please note that this is an automated system and a Health Department employee will return your call as soon as possible.

Per Executive Order 253 signed by Governor Murphy on 8/23, all state employees – including those at state agencies, authorities, and public colleges and universities – are required to complete a full vaccination course or undergo regular testing at a minimum of once to twice each week. Additionally, all preschool-through-grade 12 school personnel are required to complete a full vaccination course or undergo regular testing at a minimum of once to twice each week. This requirement includes bus drivers. Full compliance is required by October 18th.

The Clifton Health Department is a contractual health agency serving the Township of Little Falls.

Press Release Update: 12-3-2021, Pg. 3



**City of Clifton
Department of Health
900 Clifton Ave.
Clifton, NJ 07013**



**Clifton Health Department
Public Health**
Prevent. Promote. Protect.

John E. Biegel, III
Health Officer
Director Human Services

Phone: 973-470-5760
Fax: 973-470-5768
Email: jbiegel@cliftonnj.org

Face masks are still required for all individuals on public transportation, health care facilities, including nursing homes and office-based health care settings, child care centers, K-12 schools, summer camps, homeless shelters, and correctional facilities, which remain subject to existing requirements and/or recommendations.

The most recent travel guidelines can be found here:

<https://covid19.nj.gov/search.html?query=travel+guidelines&referrerPageUrl=https%3A%2F%2Fcovid19.nj.gov%2Ffaqs%2Fnj-information%2Ftesting-and-treatment%2Fwho-should-get-a-booster-shot-or-third-dose-of-the-covid-19-vaccine>

For a list of most Governor Murphy's current and past executive orders related to the COVID-19 pandemic, please refer to this link: <https://nj.gov/infobank/eo/056murphy/>

Residents can find helpful resources (e.g. health insurance, job assistance, food assistance, etc.) that provide support during the COVID-19 pandemic here:

<https://covid19.nj.gov/faqs/nj-information/assistance-and-benefits/what-types-of-benefits-or-assistance-are-available-to-me-during-the-coronavirus-outbreak>

For a list of locations near you that are offering COVID-19 testing, please refer to this link for the most up-to-date information: <https://covid19.nj.gov/pages/testing#test-sites>

Due to a high volume of total cases, the “follow-up status” column on our spreadsheet attachments has been removed. We will still provide information on which cases are asymptomatic, those that were unreachable, and those that are deceased.

You will notice that many of the boxes in the case information attachment are labeled “under investigation.” We are still in the process of following-up with individuals and obtaining this data. We will continue to update this spreadsheet as this information becomes available.

It is very important to remember the following preventative steps you can take to reduce the risk of spreading COVID-19:

Practice handwashing regularly for at least 20 seconds

- Cover your cough and sneeze with a tissue
- Avoid touching your eyes, nose, and mouth
- Clean and disinfect frequently touched objects and surfaces

In addition, be sure to practice the following social distancing measures, if you are not vaccinated:

The Clifton Health Department is a contractual health agency serving the Township of Little Falls.

Press Release Update: 12-3-2021, Pg. 4



City of Clifton
Department of Health
900 Clifton Ave.
Clifton, NJ 07013



Clifton Health Department
Public Health
Prevent. Promote. Protect.

John E. Biegel, III
Health Officer
Director Human Services

Phone: 973-470-5760
Fax: 973-470-5768
Email: jbiegel@cliftonnj.org

- Keep a distance of at least 6 feet with other people
- Avoid unnecessary physical contact, such as handshaking
- Avoid attending crowded events and social gatherings

As a reminder to residents, if you are being tested, remain home while awaiting your results, whether or not you're showing symptoms, to avoid potentially infecting other people.

In the attachment, you will notice that we have included ALL cases we have received so far, including Little Falls cases and transferred cases. This does not change the current total case count, and it is being done for our convenience in order to better track our cases.

If you receive a call from the Clifton Health Department for case follow-up, there are specific questions we would ask. We would **never** ask for your social security number, so if you receive a call from anyone claiming to be a representative of the Clifton Health Department who asks for your social security number, please hang up immediately and report it to the Police Department at 973-470-5911.

The CDC has expanded its list of COVID-19 symptoms to include the following:

- Fever
- Cough
- Shortness of breath or difficulty breathing
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

Some people who are exposed may show mild symptoms, while others may show severe illness. Remember that symptoms can appear **anywhere from 2-14 days after an exposure.**

For general questions pertaining to COVID-19, please call the New Jersey Department of Health COVID-19 Hotline at 211 or text NJCOVID to 898-211. Please also feel free to visit <https://covid19.nj.gov/> for more information. For mental health-related concerns during COVID-19, call the Disaster Distress Hotline at 1-800-985-5990 or text “talk with us” at 66746. If you wish to get in touch with the Clifton Health Department for general COVID-19 questions, please email Health Educator Layal Helwani at Lhelwani@cliftonnj.org.

The Clifton Health Department is a contractual health agency serving the Township of Little Falls.

###

The Clifton Health Department is a contractual health agency serving the Township of Little Falls.

Press Release Update: 12-3-2021, Pg. 5